

POST-SEDATION INSTRUCTIONS

Following sedation, 24 hours may be required for the full effects of the drugs to wear off. During this period, it is essential that you follow these:

DISCHARGE FROM OFFICE

- The patient must be discharged into the care of a responsible adult who can accompany him/her home.
- Arrangements should be made to have a responsible adult remain with the patient for the balance of the day and during the night.

TRANSPORTATION FROM OFFICE

- Private automobile is preferred. Public transportation is not recommended.

FOOD AND BEVERAGES

- Clear liquids are advised for at least 6 hours and, after that, diet as tolerated.
- Do not drink alcohol in any form for 24 hours.

MEDICATIONS

- Resume normal medication as directed by physician after appointment.

ACTIVITY RESTRICTIONS

- Do not operate motor vehicles, boats, power tools or machinery for 24 hours, or longer if drowsiness or dizziness persists.
- Do not operate an aircraft for at least 48 hours following minimal or moderate sedation
- Do not sign or enter into any legal contract for at least 24 hours.

PROBLEMS

- If you experience any acute pain, heavy bleeding from the surgical site, respiratory problems, or any other post-operative problem, please notify us at **(250) 861-3113** or
- Dr. Preston for after-hours emergencies at **(250) 859-2327**.



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